



Ocean Park Natural Therapies
604-538-3017

FLU SEASON

ALTERNATIVES TO FLU VACCINATIONS - HOMEOPATHIC FLU PREVENTION PROGRAM AND IMMUNITY ENHANCERS AT Ocean Park Natural Therapies

At Ocean Park Natural Therapies each year in the fall, patients ask, "Should I get the flu shot?" The simple answer is "No". These inoculations are preserved with thimerosal, a mercury derived preservative. Injections with this product are under consideration as a possible causal factor in the current upsurge of autism amongst children. This is perhaps not an "allergic reaction to the flu or influenza shot" but a toxic reaction to a neurotoxin.

Everyone is exposed to viruses and bacteria everyday by way of inhalation. However, we all have a protective mechanism which is specifically all along the intestinal tract. These are IgA or immunoglobulin A antibodies...our first line of defense in the intestines.

If someone is immuno-compromised, either due to stress, poor diet, fatigue, or chronic illness the pathogen crosses over into the blood stream and the stronger antibody-antigen system is called into play. Our bodies then start to "take care of business" and we suffer from symptoms such as fever,

coughing, cold sweats, aches, pain, chest congestion, etc.

Inject pathogens (containing mercury, a known neurotoxin) directly into the blood stream bypasses the first line of defense at the gastro-intestinal level. This means that the stronger antibody-antigen reaction is called into play over and over. It does have limits, though, and can basically wear itself out! This predisposes the person to a life of fragile immunity (the degree of which depends on genetics and lifestyle habits as one ages).

At Ocean Park Natural Therapies our homeopathic flu prevention program provides an alternative to flu vaccination. It consists of a homeopathic injection containing Engystol N and Gripp-Heel. Engystol N activates the non-specific defensive mechanism and Gripp Heel stimulates the endogenous defense system.

In addition, two homeopathics **Thymo** and **Influenzinum** are taken orally alternating every week. Thymuline is a homeopathic designed to stimulate and strengthen the immune system (immune enhancers) by up-regulating the thymus gland, the center of the immune system. Influenzinum is a homeopathic dilution of virus and bacteria from the previous winter. This stimulates the immune system to react and be ready for these pathogens and their subsequent mutations.

Each year, this program works better and better on the immune system. Particularly, after being on the program for three winters the person will less likely catch a cold or flu. Any symptoms that they do experience will be mild.

This treatment is ideal for everything from strep throat to cough in infants, fever, and cold sweats, etc.

***Ocean Park Natural Therapies supporting
the body's innate wisdom to heal thy self.***